

# The Stafford Diagnostic Scale for Tongue Tie and Lip Tie

## Ankyloglossia (Tongue-Tie) Classification



**Type 1**

- Tip of tongue attaches directly to floor of mouth via lingual frenulum
- Commonly requires frenectomy to improve range of motion for nursing, speech, etc.



**Type 2**

- Distal to tip of tongue with significant restriction of movement
- Often creates cupping or scooping of tongue



**Type 3**

- Attachment distal to mid-tongue
- May appear within normal limits
- Corrected to improve breastfeeding



**Type 4**

- Posterior Tongue Tie
- Difficult to diagnose
- Corrected to improve breastfeeding



**Within Normal Limits**